



# BOOK OF COLOSSIANS

WEEK 2- DAY 6

## COLOSSIANS 2: 20-23

NEW LIVING TRANSLATION (NLT)

**20** You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as, **21** “Don’t handle! Don’t taste! Don’t touch!”? **22** Such rules are mere human teachings about things that deteriorate as we use them. **23** These rules may seem wise because they require strong devotion, pious self-denial, and severe bodily discipline. But they provide no help in conquering a person’s evil desires.

### DAY 6 REFLECTION QUESTIONS FOR VERSES 20-23

1. What does “you have died with Christ” mean (vs. 20)? What has died inside of us?
2. Our death to the things of this world has set us free from what (vs. 20)?
3. If the human rules of religion don’t help conquer a person’s evil desires (vs. 23), what does?