



# BOOK OF II TIMOTHY

WEEK 1 - DAY 3

## II TIMOTHY 1:6-7

NEW LIVING TRANSLATION (NLT)

6 This is why I remind you to fan into flames the spiritual gift God gave you when I laid my hands on you.

7 For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

### DAY 3 REFLECTION QUESTIONS FOR VERSES 6-7

1. If Paul had to "remind" Timothy, what does that tell us about our tendency to forget spiritual things (vs. 6)? Have you forgotten anything that a reminder might help to rekindle?
2. Paul told Timothy that he should fan the gift of God into flames (vs. 6). What does this show us about our role in exerting effort in the process of God in our lives? How do you think we can fan our spiritual coals?
3. If God hasn't given us a spirit of fear, where does fear come from (vs. 7)? What are the three things God's Spirit brings into our lives (vs. 7)? If we aren't experiencing these things, what should we do?